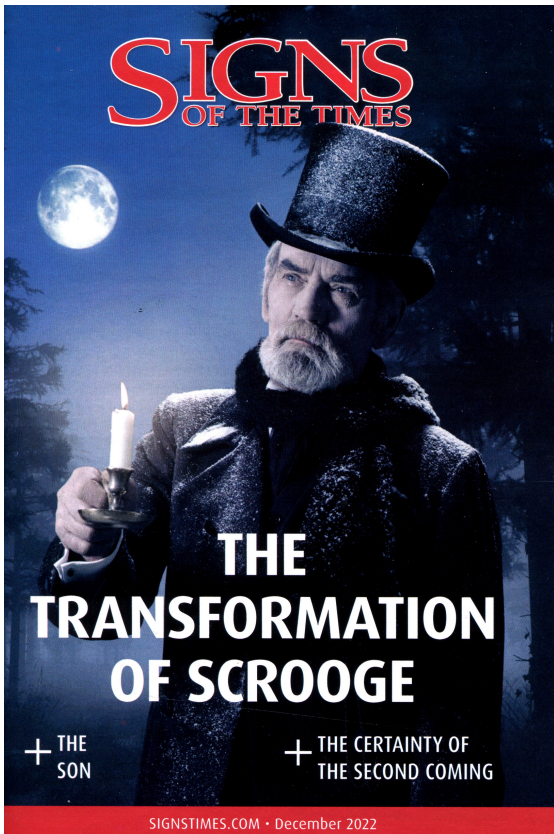




Press In Print

News and information from the President's Office
assembled by Dale Galusha and Gina Duncan



The Transformation of Scrooge

by Jennifer Jill Schwirzer,
Signs of the Times, December 2022

As the average Christmas gift budget in the United States closes in on \$1,000, let us turn our thoughts to the developing world, where that amount could feed 25 starving children for an entire year. Madison Avenue co-opts everything sooner or later, turning popular ideas into big bank. This is how the holiday formed around a Baby born in an animal stall became \$mas.

Every year Christians preach on the need to take the \$ out of \$mas and put Christ back in Christmas. But here's the tough part: Who wants to be the one to say, "In protest of conspicuous

consumerism, I will not be giving you a gift this year"? This would, make us look and feel a bit like ol' Ebenezer Scrooge, wouldn't it? In an attempt to avoid spending too much, it might look as though we have Scrooge's problem—spending *too little* on others!

Maybe Christmas could be recaptured in a different way. Yes, it's true the miserly old man failed at generosity, but on a deeper level, he failed at gratitude. Maybe the way back to the true Christmas spirit is not through budget slashes but through gratitude increases. With this thought in mind, let's explore what a truly grateful holiday would look like by first examining the amazing phenomenon that is gratitude. What would happen to Christmas if we adopted a gratitude mindset?

If you would like to read the entire article, pick up the December 2022 copy of *Signs of the Times*!

AFLAC Open Enrollment

From your HR Department



Open Enrollment for AFLAC products!

On December 7, 2022, from 10:00 a.m. to 2:00 p.m.

we will have a new Benefits Advisor on-site to help you select the right AFLAC products to fit your needs. If this is something you want to participate in for the upcoming year, please contact Kelly Lewis in the HR Department to schedule your appointment.

At that time, we will also have a representative from LegalShield here to talk about the new products they are offering.

Cranberry Pineapple Sparkler

Vibrant Life,

Hot drinks like ciders and cocoa, are common for the holidays, but sometimes you want something to cool the quench your thirst. This simple, festive juice will do the trick.

- 4 cups cranberry juice
- 2 cups pineapple juice
- 1 cup sparkling water
- 1/2 cup fresh cranberries (optional)

Orange slices, zest, and/or pineapple for garnish.



Mix juices and sparkling water. Pour into individual cups. Garnish with cranberries, orange slices and/or zest, and pineapple as desired.

For more delicious recipes, pick up a copy of **Vibrant Life!**

Christmas Party

From your Social Committee

Our Christmas Party is this coming Sunday, December 4!



The party will take place at the Galaxy Event Center on 400 West Overland Road, Meridian, ID.

Doors open at 5:15 p.m. and dinner will be served at 5:30 p.m.

We are excited to see everyone there and have a fun evening together!



Dateline

December 2022

- 4 Christmas Party, Galaxy Event Ctr.
- 5 Chapel—R.Hastings, Prod. Dedication
- 12 Chapel—M. Fifer, Safety
- 14 PAYDAY
- 19 Chapel—D.Galusha, Christmas Chapel
- 26 PPPA Holiday—Christmas
- 28 PAYDAY
- 29 PPPA Holiday—New Year