

Updates. . .

Biometric Screening

On Monday, April 2, you should have received an email announcing the biometric screening details for our healthcare plan, Ascend to Wholeness, and a link to set up your appointment. For those who missed it, the local screening locations and dates are:

Pacific Press – Wednesday, May 16
Pacific Press – Thursday, May 17
Gem State Academy – Wednesday, June 13

The screening event is open to employees and covered spouses who are enrolled in either the Access or Accelerate plan and is a **required step** in qualifying for the 2019 Accelerate Plan. Again, both the employee and their spouse need to participate with individual screening appointments to qualify for the 2019 Accelerate Plan. Completing the screening will fulfill the 60 required biometrics points and help you become more familiar with your overall wellness.

All appointments must be scheduled using www.screeningreg.com. When you enter that website, log in using "ascend" as the username and "healthy" as the password. Once you have entered the scheduler, create a new account and fill in the needed information. On the following screen, select "create a new appointment". You will then be able to choose a time, date, and location for your screening.

In chapel on Monday, May 7, I will go over more details about the screening and answer other questions regarding Ascend to Wholeness.
– Michelle Sinigaglio, HR Director

United Way Children's Book Drive

It's Children's Book Drive collection week!

During summer, low-income students regress by more than two months in reading achievement while their middle-class peers make slight gains. It's a concept called Summer Learning Loss, and it's **a gap that widens for low-income children** each year that they progress toward graduation.

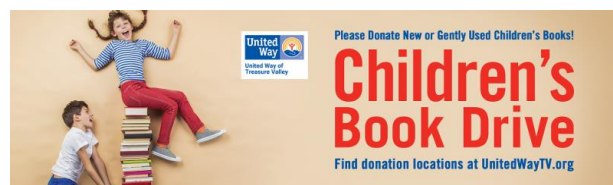
According to the Idaho Department of Education, 63 percent of low-income first graders were reading at grade level in the spring of 2013. When they returned in the fall as second graders, only 41 percent were reading at grade level.

The good news? We can do something about it! A large-scale study of elementary students revealed that reading four to five books over the summer potentially can prevent a decline in reading achievement scores from the spring to the fall. (SOURCE: Journal of Education for Students Placed at Risk)

To help low-income children and reduce "Summer Learning Loss," United Way of Treasure Valley is hosting the fourth annual United Way Children's Book Drive. Businesses and organizations across the Treasure Valley will collect new and gently used children's books April 9th-13th, 2018

United Way of Treasure Valley and volunteers will sort, clean and distribute these books to schools, libraries, daycare centers, senior centers and so many more! Last year, they collected and processed more than 92,000 books!

At Pacific Press, we're glad to be a part of this effort. Pacific Press supplied many of the boxes used to transport valley-wide donations. You can help too—let's fill the bin in the lobby to overflowing! Bring your new or gently used books for children of all ages, and we'll not only help children succeed by reading, but we'll also help them know Jesus in the process. It's a win-win!



Dinosaurs!

Pacific Press author and *Guide* nature columnist, Rich Aguilera, will be at Gem State Academy on April 28 for a special presentation. See the Owyhee Room bulletin board for details.



Safety First: Eye Safety

Eye injuries continue to be a concern for workers in the United States. Statistics indicate that more than 2000 eye injuries occur every day, and yet 90% of these injuries could have been avoided by using proper eye protection. There are

many things that can pose a hazard to the eyes—it could be particles of dust, metal, cement, wood, or paper. It could be a splash from a chemical, or even an arc flash from a welder. Even minor eye injuries can cause a lifetime of vision problems that can also be painful.

The best way to control hazards is with engineering controls such as machine guards to prevent escaping particles, or welding curtains to provide arc flash protection. Administrative controls are also good, such as making certain areas off-limits unless authorized. If hazards cannot be eliminated, engineered, or administratively controlled, then the last resort is the use of Personal Protective Equipment (PPE).

Examples of safety eyewear include safety glasses, goggles, face shields, or welding helmets. Each type of safety eyewear has to meet ANSI (American National Standards Institute) standards to provide certified levels of protection. Safety glasses are the most commonly used form of eye protection, while goggles provide greater protection, and face shields provide the greatest impact protection.



What type of protection should you use?

At a minimum, safety glasses need to be worn to protect eyes against flying particles; an example is the use of compressed air with an air hose and nozzle. If you are already wearing glasses (corrective lenses), they do not offer the same protection as safety glasses do and **are not a substitute**. For those who need to wear corrective lenses, safety glasses that fit over your glasses are available. For some jobs, more protection is needed and required- if you are grinding metal, a face shield needs to be worn in addition to safety glasses or goggles. Handling hazardous chemicals requires the use of goggles and often the addition of a face shield. Whenever in doubt about which protection is right, it is better to err on the side of caution than to be sorry later.

Eye protection needs to be personal and not shared unless it is disinfected after each use, it should fit snug and be comfortable, and as with all PPE, it should be kept clean and in good repair.

-Michael Fifer, Safety Director



Inspector PIP Looks Back

Elder Lowell Cooper, then PPPA Board Chairperson, presented a memorable poem during the spring 2008 Board chapel. A number of employees asked to have that poem in print, and we obliged.

We think it's worthy of another look, so here it is:

The Risk

By Marcella Marie Holloway

You take a risk when you invite the Lord
Whether to dine or talk the afternoon
Away, for always the unexpected soon
Turns up; a woman breaks her precious nard,
A sinner does the task you should assume,
A leper who is cleansed must show his proof;
And a cripple clutters up your living room.
There's no telling what to expect when Christ
Walks in your door. The table set for four
Must often be enlarged and decorum
Thrown to the wind. It's His voice that calls them
And it's no use to bolt and bar the door;
His kingdom knows no bounds of roof, or wall, or floor.



Dateline . . .

April

- 9-12 United Way Children's Book Drive @ PPPA
- 11 PAYDAY
- 16 Chapel—Guide; Kathy Beagles, Laura Samano, Co-chairs
- 23 Chapel—Marvin Moore, Chairperson
- 25 PAYDAY
- 30 Chapel—Chapel Music & Media; Don Laing, Chairperson

May

- 5 Cinco de Mayo
- 7 Chapel—HR-Healthcare Biometric Screening Info; Michelle Sinigaglio
- 9 PAYDAY
- 14 Chapel—
- 16-17 Biometric Screening for Ascend to Wholeness healthcare, Owyhee Room
- 21 Chapel—
- 23 PAYDAY
- 28 **MEMORIAL DAY, PPPA Holiday**