



News and Information from the President's Office assembled by Dale Galusha and Gina Duncan

October 9, 2019

Updates. . . Flu Shot Clinic

No one likes being sick! And yet, each year that nasty flu bug spreads around the United States. Flu activity most commonly peaks in the U.S. between December and February, but flu season ranges from October through May, so now is the time to protect yourself.

Our flu shot clinic will be Tuesday, November 5, from 3:00pm – 4:30pm in the Owyhee Room. Flu shots are free to all full-time, part-time, and student employees. Temporary employees and other family members can get a flu shot for a fee of \$28.00, paid in cash at the time of service.

To schedule your appointment, just call Human Resources at ext. 2567.

2020 Open Enrollment for Healthcare Healthcare Open Enrollment is October 14-31!

During this time, you can:

- Choose your benefit plan (Accelerate or Access) based on your eligibility
- Change your dependent coverage, or
- Choose not to participate in either of the Ascend to Wholeness Healthcare Plans (decline coverage)

Your contribution (per pay period) rates are listed below. Please also review the benefits and out of pocket maximum comparison as you make your plan selection for 2020.

Coverage Tier:	Accelerate Plan	Access Plan
Employee Only	\$60	\$35
Employee and/or Spouse and/or	¢120	\$70
child(ren)	\$120	\$10

Open Enrollment can be completed online at <u>AscendtoWholeness.org</u>. Remember, you must sign up in order to have coverage in 2020. If you have any questions, please contact HR at ext.2688, ext. 2567, or ext. 2568.

Aflac Open Enrollment

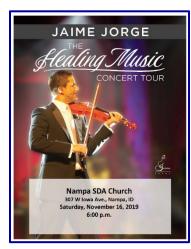
Our Aflac Representative will be here October 22 - 23. If you currently have an Aflac policy or would like to speak with a representative to explore their products, please contact Cindy (ext. 2688) or Kelly (ext. 2567) for an appointment.

2020 Flexible Spending Open Enrollment

Flexible Spending open enrollment is now through December 15, 2019. It may be completed with our Aflac Representative or online at https://integra-flex.com/pacificpress. The enrollment link is located under the "Employee Electronic Enrollment" heading. The 2020 participation limit is \$2,550. Please contact Cindy (ext. 2688) or Kelly (ext. 2567) if you have any questions.

Jaime Jorge in Concert

Are you ready for an evening of musical inspiration?
Come on **Saturday**, **November 16** at 6:00 p.m. to the Nampa
SDA Church and listen to **Jaime Jorge** as he brings his *Healing Music* Concert Tour to Nampa!



If you decide to go to

the concert, a word of advice—even though the concert begins at 6:00 pm, it's best to arrive early and be seated by 5:45. It'll be a great evening. Don't miss it!

Employee Updates. . .



Welcome Pilar!

We have a new colleague to welcome to our Press family. If you haven't met her yet, here is a chance to get to know her a

little! You'll find her in the Product Development Department, she is the new secretary for International Publications and her name is **Pilar Recuenco.**

She started on September 30th, and is very excited about contributing to publishing and marketing. Pilar has secretarial training and studied graphic design as well. She enjoys working on different layouts in her free time.

Before coming to the International Department, Pilar worked in the Bindery at Pacific Press, and before then she worked at Review and Herald.

She and her husband Manuel are originally from Peru, but they along with their two children, Jacqui and Kevin, moved here from Hagerstown, Maryland.

If you see Pilar in the building, make sure to talk to her about crafts, cooking and hiking, as these are among her favorite activities.

We are very happy to welcome Pilar to our Pacific Press family!



Dateline . . .

October

- 9 PAYDAY
- 14 Chapel—United Way
- 21 Chapel—Dr. Dennis Plubell, NPUC Education Director
- 23 PAYDAY
- 28 Chapel—Mike Fifer, Safety

November

4 Chapel—Miguel Valdivia, Product Dedication



Fun Facts about the Month of October

- The name of the month of October comes from the Latin "octo", meaning "eight", because in the Roman calendar, October was the eight month of the year. With the adding of January and February at the beginning of the calendar after the Julian calendar reform, October became the tenth month of the year, as we know it today.
- The Anglo-Saxons called October "Wintirfyllith", meaning "fullness of winter" because it had the first full moon of the winter season.
- Another fun fact about October is that, according to folklore, if the deer have a gray coat in this month you should expect a hard winter.
- More American Presidents were born in the month of October than any other month. They were John Adams, Rutherford B. Hayes, Chester Arthur, Theodore Roosevelt, Dwight Eisenhower and Jimmy Carter.
- The birthstones for October are the tourmaline and the opal.
- October ends on the same da of the week as February every year.

www.nobelcom.com