



Press In Print

News and information from the President's Office
assembled by Dale Galusha and Gina Duncan



Summer Social

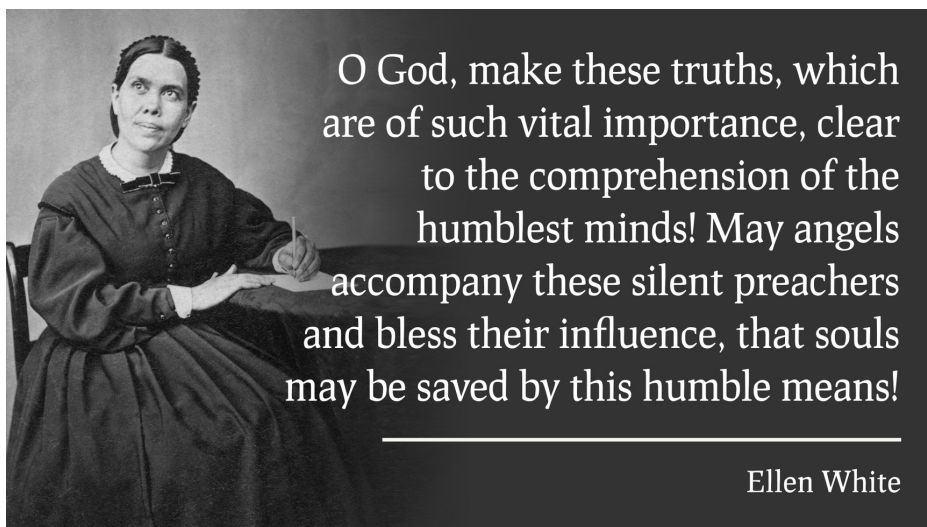
Our Social Committee has been working and preparing for our annual Summer Social Event at Wahooz. As we mentioned in a past PIP, **the day for the event is Thursday, June 22**, still a few weeks away.

You will be getting your invitations in the next few days. They will be going interoffice. The **deadline for RSVPs is Tuesday, June 6**. We hope you'll take a moment to send us your RSVP (even in you aren't planning to attend) so we'll have an accurate number to give Wahooz and they can prepare and be ready.

This year for dinner we'll have a pizza buffet, garlic bread, salad, drinks and a desert bar. You'll be able to choose to just have dinner, or dinner and 3 hours of unlimited access to Wahooz activities.

We hope everyone can come and enjoy a fun evening!

An Inspirational Quote



O God, make these truths, which are of such vital importance, clear to the comprehension of the humblest minds! May angels accompany these silent preachers and bless their influence, that souls may be saved by this humble means!

Ellen White

Harold Curtis, Production, shared with us the quote you can see here. This particular quote can be found in the book **Testimonies for the Church, Volume 1**.

The chapter the quote is in is Chapter 105. Laborers in the Office.

Mrs. White wrote these testimonies addressed to all engaged in the work at the Review office. It is so relevant to us because that is the work that we do here at the Press.



Dateline

May 2023

- 17 PAYDAY
- 22 Chapel—Pastor Matthew Kontra, GSAA
- 29 **PPPA Holiday—Memorial Day**
- 31 PAYDAY

June 2023

- 5 Chapel—Miguel Valdivia, Product Dedication
- 6 Summer Social RSVP Deadline
- 12 Chapel—
- 14 PAYDAY
- 19 Chapel—
- 22 Summer Social Event at Wahooz

For example, when was the last time you "woke up" in the middle of a conversation and realized you had no idea what the other person was talking about? Or how about the last time you could hardly control yourself when someone was describing an incident that happened to them because you were so anxious to jump in with, "I know exactly how you feel because the same thing happened to me!" At this point, you're not the one talking, but you actually stopped listening the minute your own experience popped into your brain and you started waiting for the other person to take a breath so you could share it.

We all hijack conversations. We're eager to share our stories. But when our mouths are open, our ears are closed. The good news is that since listening is not a passive activity, it's a skill we can develop. And that means it's something anyone can improve with practice and intention.

If you need more incentive, being a good listener comes with some perks. People who listen well are often seen as more likeable. They build stronger relationships by asking questions to help them understand others better and reduce miscommunication. With listening comes improved comprehension. Good listeners have better grasp of a discussion because they listen to understand what the speaker is saying. Instead of simply nodding at appropriate intervals during a conversation, they actively try to grasp the message and ask clarifying questions if needed.

The most effective strategy to improve your listening skills is probably the easiest: be present. Shut out distractions and give the person who is speaking your undivided attention. This is harder than it sounds. If you don't understand what they're saying, don't simply nod and pretend. Ask questions. Make eye contact to show they have your attention. And don't interrupt. You'll have the chance to speak eventually. When someone else is talking, it's your turn to listen.

Remember to Listen

by Céleste Perrino

This article first appeared in Vibrant Life, May/June 2023

The other day as I was talking to a coworker, they stopped me and said, "I'm sorry. Could you repeat that? I forgot to listen." The incident was a good reminder that there's more to hearing than meets the ear. Listening is an entirely different activity. And contrary to what you might think, it doesn't come naturally. But the good news is that it can be learned.

While our ears were designed to pick up sound, it's our brain that processes that sound into communication, and that's where the trouble comes from. Brains are finicky, complex, autonomous, biologic machines which, left to their own devices, are prone to activities like binge-watching Netflix and plunging down endless internet rabbit holes. They generally have an aversion to anything that resembles actual work. And, make no mistake: listening takes real work. To truly listen, you must consciously pay attention.